

SHERRY BALLOU HANSON

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## WORK

1984 to date:

- Written hundreds of articles for magazines, newspapers, newsletters, and online publications; list of published article titles and publications available upon request
- Wrote Midcoast Maine chapter for 2005 Fodor's *Maine Coast*, (Fodor's Gold Guides) and updated her chapter for 2008. Contributed to *Fodor's New England* Guide for 2008.
- Teaching how to publish articles, poems, essays and short stories and how to freelance for magazines, newspapers, newsletters, and online publications by leading workshops and classes through schools and organizations, 1990 to date
- Teaching speaking to groups without fear to corporate employees, medical personnel, adult education, 2006 to date
- Health Correspondent for drkoop.com, 2001
- Wellness Profile for State Farm Insurance Company's 1999 American and Canadian Retirement Guides, and wrote fitness article for their 2004 Retirement publication
- Maine Writers and Publishers Alliance, staff assistant, June 1995 to June 1997
- YMCA instructor, 17 years; fitness, aquatics, aqua aerobics in Massachusetts, Connecticut, and Illinois
- Feminine Weigh, manager, Dixon, Illinois, 1988 to 1990
- Private Fitness Training, Illinois, 1977 to 1980

## BOOKS

- *A Cab to Stonehenge*, 2006, by Just Write Books, Topsham, Maine

## CLIENTS INCLUDE

- *Islands Magazine*
- *Toastmasters Magazine*
- *Onfitness Magazine*
- *Antiques & Collecting Magazine*
- *Home & Away (AAA) Magazine*
- Military Officers Association of America (MOAA)
- Steve Phillips Video Productions
- Volunteers of America (production)
- *Fodor's Travel Guides* (Random House)
- *History Magazine*
- *Arthritis Today Magazine*

- *Masters Athlete Magazine*
- *Masters Cycling Online Magazine*
- *Her Sports Magazine*
- *Port City Life Magazine*, Portland, Maine
- Casey Research
- *American Fitness Magazine*
- *GRAND Magazine*
- *AMC Outdoors Magazine*
- *Long Island Woman*
- Maine Tourism Bureau
- State Farm Insurance Company
- *Artilleryman Magazine*
- *Just Labs Magazine*
- *Elks Magazine*

### **TEACHING AND CONSULTING**

- Bath Iron Works Design Group, Bath, Maine (Speaking to Groups)
- Midcoast Hospital RNs, Brunswick, Maine (Speaking to Groups)
- University of Maine System, Continuing Education Program (Get Published, Freelancing)
- Maine Writers & Publishers Alliance
- Merrymeeting Regional Adult and Community Education (Get Published)
- Bath Adult Education (Get Published)
- Gardiner Adult Education (Get Published)
- Old Orchard Beach Adult Education (Get Published)
- Sauk Valley College, Dixon, Illinois, 1990-1992 (Get Published)

### **POETRY**

- Over 100 poems published to date; list of published poetry titles and publications available upon request
- Poetry readings and performances; list of appearances available upon request

### **VOLUNTEER WORK**

- Relay for Life cancer walk, 2005 to present
- Making Strides breast cancer walk, 1999 to present
- Maine Media Women; chapter and state offices, PR, board member, 1996 to date
- Habitat for Humanity; public relations, 2002 to 2005
- Habitat for Humanity; Bath/Brunswick; newsletter coordinator, 2004
- Maine Writers and Publishers Alliance; volunteer, 1992 to 1995

### **EDUCATION**

Newton Junior College; Newton, Massachusetts, A.A.

University of Connecticut; Storrs, Connecticut, B.A. with honors

### **REFERENCES**

Cindy Carney, senior editor, L.L. Bean catalogs, Freeport, ME 04033; telephone, 207.552.2816, ext. 22816; e-mail, ccarney@llbean.com.

Molly Morell, associate director of program development, University of Southern Maine Center for Continuing Education, P.O. Box 9300, Portland, ME 04104-9300; telephone, (207) 780-5900; e-mail, mmorell@usm.maine.edu.

Diann Bailey, director, MSAD 11, Adult Education, 40 West Hill Road, Gardiner, ME 04345; telephone, 207.582.3774; e-mail, dbailey@sad11.k12.me.us.